

Equipping People to Know Jesus and Follow Him

Worship and Prayer

Background - Prayer is about knowing God, and worship is the physical and emotional expression of that relationship

Key Verse/Scripture Memory – Psalm 95:1-2

Take Away – We need to pray and worship God as a lifestyle and not just an event.

- 1) Pray – that God would speak to our hearts and give us a burning desire to pray and worship.
- 2) Briefly review the sermon outline. Have people read aloud a few of the scriptures covered and explain why they are important and meaningful.
 - I. Use PAPA as a pattern for prayer
 - A. Present (be honest and no pretending) – Prov. 20:5, Hebrews 4:12-13
 - B. Attend (to who God is) – John 14:9, Heb 1:3, Rev 1:10-18
 - C. Purge (all that blocks relationship) – Luke 18:13, Is 66:2, Psalm 66:18-20
 - D. Approach (surrender) – Mt 6:10, Luke 1:38, Mt 26:36-42
 - II. Worship is a lifestyle of prayer and praise – John 4:19-26, Psalm 27:4, 2 Sam 6:14-17

3) Use the following for discussion questions:

- a) Which is easier, talking to God or listening to Him?
 - We must devote time to meditating on Scripture and listening to the Holy Spirit in our hearts. Keep a journal or paper and pencil around to write down what He says.
- b) Do you have a regular time of daily prayer? How and when?

- c) Are you honest with God and tell Him what you really think? Why or why not?
- d) How do you feel about God when He doesn't answer your prayers?
- God always listens and answers, but it may not be the answer you want. Sometimes He wants us to walk by faith and trust Him for His perfect will. Don't ever jump to the conclusion that God doesn't love you.
- e) How do you bring worship and praise into your daily life and routine?
- I listen and to music and sing to help my heart get attuned to God. I also spend a great deal of time praying through the Psalms. My prayer life would be a struggle without them. I also try to praise God while doing ordinary things (cleaning, mowing, taking out garbage, etc.).

Further Resources

Larry Crabb – *The Papa Prayer*

Ronald Dunn – *Don't Just Stand There Pray Something*

E.M. Bounds – *Purpose in Prayer*

A.W. Tozer – *What Ever Happened to Worship?*