

Psalms of Summer
Have I Told You the One About...?

Psalm 40
August 25, 2019

Getting started...

When your story is bound to God's work in and through you, you've got the best story going!

God saves all those who put their trust in Him (vs. 1-5)

God's saving work should lead to heartfelt worship (vs. 6-8)

God's saving work is personal, but not private (vs. 9-10)

We never outgrow our dependence on God's grace (vs. 11-17)

My take-away this week: Tell your God story

Thoughts for reflection and/or discussion...

Share with someone [or reflect alone] on your "go-to" dinner party story. You know, the one that breaks the ice. The one that gets them laughing.

Reread Psalm 40:1-5. Have you ever thought of your God story (your testimony; the story of God saving you, or His work in your life) as a must-tell event? Why or why not?

What are the highlights of God's work in your life? Do you remember the day you believed in Jesus? What are the hardest things He's brought you through? What lessons have you learned about God's faithfulness? Do you know anyone who could benefit from hearing the story of God's work in your life?

What are the lessons God is teaching you within the last year? Month? Week? Have you taken time to "update" your God story?

Read 1 John 1:8-10. According to 1 John and Psalm 40, is confessing your sin important? What are some reasons these passages list for the importance of confessing sin? How do we confess sin in the church today?

Reread Psalm 40:17. Why do you think it's so easy for those of us who follow Jesus to move away from this dependence on God and go back to relying on our own efforts?

Read 1 John 2:1-2 and Galatians 6:1-2. What inadequacy do you need to surrender to God this week? What sin are you struggling with that you need to confess to God and ask His Spirit to give you freedom from? Is there another Christian you trust who you could share with? Stop and take some time to pray about the things God has put on your heart.