50 Questions[1]

1. What are your 5 favorite foods, with the most favorite first?
2. What are your 5 favorite kinds of meals, with the most favorite first?
3. What are your 5 favorite desserts, with the most favorite first?
4. What are your 5 favorite restaurants, with the most favorite first?
5. What is your favorite color?
6. What are your 5 favorite hobbies, with the most favorite first?
7. What are your 5 favorite recreations, with the most favorite first?
8. What are your 5 favorite sources of reading, with the most favorite first?
9. What gifts do you like?
10. What is your favorite book(s) of the Bible? Why?
11. What is your favorite verse(s) of the Bible? Why?
12. What is your favorite song?
13. What makes you the most fulfilled or happiest as a woman/man?
14. What makes you the most fulfilled or happiest as a wife/husband?
15. What makes you the most fulfilled or happiest as a mother/father?
16. What makes you saddest as a woman/man?
17. What makes you saddest as a wife/husband?
18. What makes you saddest as a mother/father?
19. What do you fear the most?
20. What other fears do you have?
21. What do you look forward to the most?
22. How much sleep do you need?
23. What are your skills?
24. What is your spiritual gift?
25. What are your weaknesses?
26. What things (personal, home, car, etc.) need repairing?
27. With what chores and responsibilities do you like my help?
28. What caresses do you enjoy the most?
29. What caresses do you enjoy the least?
30. What action of mine provides you with the greatest sexual pleasure?
31. What other things stimulate you sexually?
32. At what times do you need assurance of my love the most?
33. How can that love be shown?
34. What can I do that will make it easier to discuss and work on areas or problems that are uncomfortable to you?
35. What concerns do you have that I do not seem interested in?
36. What things do I do that irritate you?
37. What desires do you have that we haven't discussed?
38. What do you enjoy doing with me, with the most enjoyable first?
39. What things can I do to show my appreciation for you?
40. What varying desires (spiritual, physical, emotional, intellectual, social, worth, appreciation, recreational, security, etc.) would you like me to provide?
41. To wives: In what ways would you like me to protect you (physically, spiritually, socially, emotionally)?
    To husbands: In what ways would you like me to be your helpmate (physically, spiritually, socially, emotionally)?
42. In what ways would you like me to sacrifice for you?
43. What things are first in my life? As you look at me, what do you see? What is your perception of me?
44. What implied or unspoken desires and wishes of yours would you like for me to fulfill?
45. What concerns and interests of yours would you like me to support?
46. How much time would be good for us to spend together each day?
47. In helping family members to use their skills and develop their abilities, what motivating factors would be helpful for me to use?
48. What can I do that provides the greatest comfort and encouragement for you when you are hurt, fearful, anxious, or worried?
49. What personal habits do I have that you would like me to change?
50. What ways demonstrate to you that you are a very important person who is more important than I am?

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[1] Dr. Wayne Mack, Faith Baptist Counseling Ministries, NANC Conference.