

Jonah 1:17-2:10 (NIV)

¹⁷ But the LORD provided a great fish to swallow Jonah, and Jonah was inside the fish three days and three nights.

2 From inside the fish Jonah prayed to the LORD his God. ² He said:

“In my distress I called to the LORD,
and he answered me.

From the depths of the grave I called for help,
and you listened to my cry.

3 You hurled me into the deep,
into the very heart of the seas,
and the currents swirled about me;
all your waves and breakers
swept over me.

4 I said, ‘I have been banished
from your sight;
yet I will look again
toward your holy temple.’

5 The engulfing waters threatened me,
the deep surrounded me;
seaweed was wrapped around my head.

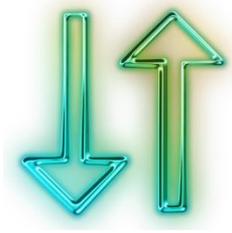
6 To the roots of the mountains I sank down;
the earth beneath barred me in forever.
But you brought my life up from the pit,
O LORD my God.

7 “When my life was ebbing away,
I remembered you, LORD,
and my prayer rose to you,
to your holy temple.

8 “Those who cling to worthless idols
forfeit the grace that could be theirs.

9 But I, with a song of thanksgiving,
will sacrifice to you.
What I have vowed I will make good.
Salvation comes from the LORD.”

¹⁰ And the LORD commanded the fish, and it vomited Jonah onto dry land.



_____ is meant to get our _____.

≠ God _____ us back for our sin

= God _____ us back from our sin

_____ is meant for _____ of our relationship.

Jeremiah 2:13 (NLT)

For my people have done two evil things:

They have abandoned me—
the fountain of living water.

And they have dug for themselves
cracked cisterns

that can hold no water at all!

BIG IDEA

Until we fully _____ to God,
we can't fully be _____ for His mission
or fully _____ with His joy.